### MERIT BADGE SERIES



# FLY-FISHING



# BOY SCOUTS OF AMERICA MERIT BADGE SERIES

# FLY-FISHING



"Enhancing our youths' competitive edge through merit badges"



### Requirements

- 1. Do the following:
  - a. Explain to your counselor the most likely hazards you may encounter while participating in fly-fishing activities and what you should do to anticipate, help prevent, mitigate, and respond to these hazards. Name and explain five safety practices you should always follow while fly-fishing.
  - b. Discuss the prevention of and treatment for health concerns that could occur while fly-fishing, including cuts and scratches, puncture wounds, insect bites, hypothermia, dehydration, heat exhaustion, heatstroke, and sunburn.
  - Explain how to remove a hook that has lodged in your arm.
- Demonstrate how to match a fly rod, line, and leader to achieve a balanced system. Discuss several types of fly lines, and explain how and when each would be used. Review with your counselor how to care for this equipment.
- 3. Demonstrate how to tie proper knots to prepare a fly rod for fishing:
  - a. Tie backing to the arbor of a fly reel spool using an arbor knot.
  - b. Tie backing to the fly line using a nail knot.
  - Attach a leader to the fly line using a nail knot or a loop-to-loop connection.
  - d. Add a tippet to a leader using a surgeon's knot or a loop-to-loop connection.
  - e. Tie a fly onto the terminal end of the leader using an improved clinch knot.

- 4. Explain how and when each of the following types of flies is used: dry flies, wet flies, nymphs, streamers, bass bugs, poppers, and saltwater flies. Tell what each one imitates. Tie at least two types of the flies mentioned in this requirement.
- 5. Demonstrate the ability to cast a fly 30 feet consistently and accurately using both overhead and roll cast techniques.
- 6. Go to a suitable fishing location and observe what fish may be eating both above and beneath the water's surface. Explain the importance of matching the hatch.

#### 7. Do the following:

- Explain the importance of practicing Leave No Trace techniques. Discuss the positive effects of Leave No Trace on fly-fishing resources.
- Discuss the meaning and importance of catch and release. Describe how to properly release a fish safely to the water.
- 8. Obtain and review a copy of the regulations affecting game fishing where you live or where you plan to fish. Explain why they were adopted and what is accomplished by following them.
- 9. Discuss what good sportsmanlike behavior is and how it relates to anglers. Tell how the Outdoor Code of the Boy Scouts of America relates to a fishing enthusiast, including the aspects of littering, trespassing, courteous behavior, "catch and release," and obeying fishing regulations.
- 10. Catch at least one fish using a fly rod and a fly. Identify it and quickly release it live back into the water. Discuss this experience with your counselor.
- 11. If regulations and health concerns permit, clean and cook a fish you have caught. If you are unable to catch a fish for eating, acquire a fish, clean the fish you acquired, and cook the fish you acquired. (It is not required that you eat the fish.)

## Fly-Fishing Resources

#### **Scouting Resources**

Conservation Handbook; Fieldbook; Deck of First Aid; Emergency First Aid pocket guide; Be Prepared First Aid Book; Freshwater Fishes pocket guide; Scouts BSA Handbook for Boys and Scouts BSA Handbook for Girls; Camping, Cooking, Fish and Wildlife Management, and Fishing merit badge pamphlets

With your parent's permission, visit the Boy Scouts of America's official retail website, www.scoutshop.org, for a complete listing of all merit badge pamphlets and other helpful Scouting materials and supplies.

#### **Books**

- Alley, Robert H. *40 Best Trout Flies*. Frank Amato Publications, 1997.
- Best, A.K. A.K. Best's Fly Box. Lyon's Press, 2006.
- Hughes, Dave. *Essential Trout Flies*, 2nd ed. Stackpole Books, 2017.
- Leiser, Eric. *The Complete Book of Fly Tying*, 2nd ed. Skyhorse Publishing, 2008.
- Lord, Macaulay. *The L.L. Bean Fly-Casting Handbook*. Lyons Press, 2000.

- McKim, John F. Fly Tying: Adventures in Fur, Feathers, and Fun. Mountain Press Publishing Company, 1998.
- McNally, Tom, and Tom Beecham. *The Complete Book of Fly Fishing*, 2nd ed. McGraw-Hill Professional Publishing, 1997.
- Morris, Skip. *Fly Tying Made Clear* and *Simple*. Frank Amato Publications, 1992.
- Rosenbauer, Tom. *The Orvis Fly-Fishing Guide*. revised ed. Lyons Press, 2017.
- Rutter, Michael. Fly Fishing Made Easy: A Manual for Beginners With Tips for the Experienced. Globe Pequot Press, 2006.
- Shook, Michael D., and Mel Krieger. *The Complete Idiot's Guide to Fly Fishing*, 2nd ed. Alpha Books, 2005.
- Sousa, Robert J. Learn to Fly-Fish in 24 Hours. McGraw-Hill, 2006.
- Talleur, Dick. *Modern Fly-Tying Materials*. Lyons Press, 1995.
- Whitlock, Dave. *The L.L. Bean Fly-Fishing Handbook*, 2nd ed. Lyons Press, 2006.
- Wulff, Joan. *Joan Wulff's Fly Casting Techniques*. Lyons Press, 2016.

#### **DVDs**

LaFontaine, Gary, and Dick Sharon. Successful Fly Fishing Strategies, 100 minutes. Miracle Productions, 2002.

Wulff, Joan. *Joan Wulff's Dynamics of Fly Casting. From Solid Basics to Advanced Techniques*, 90 minutes. Miracle Productions, 2001.

Young, David, and Cheryl Young. Fly Fishing: The Lifetime Sport, 240 minutes. Honeybear Press, 2005.

#### **Periodicals**

Fly Fish America magazine

Website: www.flyfishamerica.com

Fly Fishing & Fly Tying magazine

Website: www.flyfishing-and-flytying.

co.uk

Fly Fisherman magazine online

Website: www.flyfisherman.com

#### Organizations and Websites American Fisheries Society

Telephone: 301-897-8616 Website: https://fisheries.org

The American Museum of Fly Fishing

4070 Main St.

Manchester, VT 05254 Telephone: 802-362-3300 Website: www.amff.com

**Federation of Fly Fishers** Telephone: 406-222-9369

Website:

https://flyfishersinternational.org

International Game Fish Association

Telephone: 954-927-2628 Website: www.igfa.org

#### Leave No Trace Center for Outdoor Ethics

Toll-free telephone: 800-332-4100

Website: https://lnt.org

**Trout Unlimited** 

Toll-free telephone: 800-834-2419

Website: www.tu.org

The Federation of Fly Fishers, International Game Fish Association, and Trout Unlimited have each signed a memorandum of mutual support with the Boy Scouts of America that emphasizes an ongoing relationship to promote mutually beneficial programs such as the Fly-Fishing merit badge.

#### U.S. Fish and Wildlife Service

Toll-free telephone: 800-344-9453

Website: www.fws.gov

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